



Roasted Vegetable Medley







Brendan Underwood

Servings: ~4

Total Time: ~65 Min.

Allergens: Unknown

Directions

-  Preheat oven to 375 degrees.
-  Cut vegetables into bite-sized pieces and mince garlic.
-  Mix vegetables, garlic and Greek seasoning together and pour onto a cookie sheet in a single layer. Lightly cover vegetables with olive oil.
-  Bake 30-40 minutes. For crisper vegetables, increase the oven temperature to 425 degrees and bake an extra 10-15 minutes.

Ingredients

- 1/2 head of cauliflower
- 1/2 sweet potato
- handful of brussel sprouts
- 2 tbsp extra virgin olive oil
- 4 cloves garlic
- 2 tsp Greek seasoning