



Chicken Parmesan



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Servings: 4

Total Time: ~30 Min.

Allergens: Dairy, Eggs

Directions

- Preheat oven to 375 degrees.
- Combine breadcrumbs, parmesan cheese, garlic powder and Italian seasoning in shallow bowl.
- Dip chicken breasts in egg then roll in breadcrumb mixture until evenly coated.
- Place coated chicken on a cookie sheet. Bake 10 minutes.
- Turn chicken over and bake an extra 10 minutes or until fully cooked.
- Spoon tomato sauce over chicken and sprinkle cheese over top.
- Bake 3 minutes or until cheese is fully melted.

Ingredients

- 1/3 cup breadcrumbs
- 2 tbsp of parmesan cheese
- 1/2 tsp garlic powder
- 1 tsp Italian seasoning
- 1 egg, beaten
- 1 lb boneless chicken breast
- 1 cup tomato sauce
- 3/4 cup mozzarella cheese