



One-Minute Chocolate Mug Cake



Servings: 1 Total Time: 5 Min.

n. Allergens: Dairy

Directions

- Combine dry ingredients and mix very, very well.
- Add liquid, stir, then transfer to a coffee mug.
- Microwave 30-40 seconds.
- Top with favorite toppings such as whipped cream, chocolate chips, etc.

Ingredients

- 1 tbsp + 2 tsp cocoa powder
- 3 tbsp choice of flour
- 1/8 tsp salt
- 1 1/2 tbsp brown sugar
- 1/4 tsp baking powder
- 2-3 tsp coconut oil
- 3 tbsp choice of milk
- 1/2 tsp pure vanilla extract

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